



Southeastern Division of CAPA



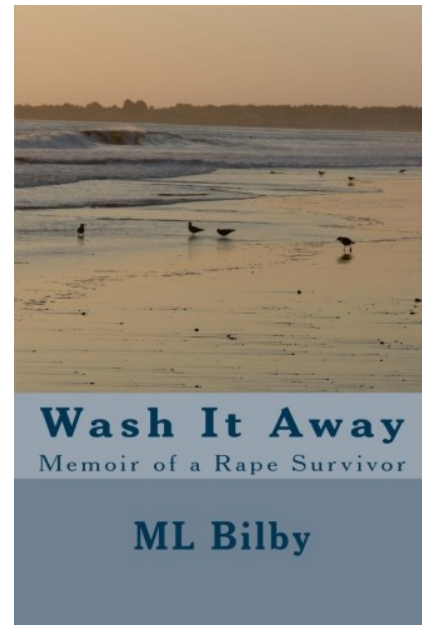
Author's Page ~ M. L. Bilby

Mary Bilby graduated from the Community College of Rhode Island, majoring in business, after which she started her career in Human Resources, employed by many large corporations. She was the Producer and Host of the Mary Bilby Show on PECRI-TV for a number of years, and received Special Recognition Awards for numerous shows including the category of Health/Fitness/Self Help Programs on "Diabetes".

She retired in 2015 and wrote her first book, a memoir about her trauma as a rape survivor. She lives in Rhode Island, and has three sons and eight grandchildren.

"Wash It Away, Memoir of a Rape Survivor"

The story takes place in a small New England town, maybe like yours. Unaware of who was on the other side of the door—the story unfolds, and the horror of that evening is revealed. Paul, her lover, is not able to save her from the events of that night, and their relationship will never be the same. Once post-traumatic stress sets in, it would take years for her to recover. The nightmares continued and the demons lived within her mind. Trying hard not to expose her humiliation to family and friends, she wore a mask of happiness, until the day the mask fell off. Through all the torment, she hung onto her art therapy and the wisdom of Mandy Falk, the instructor. Today, she is free of the demons that once haunted her mind.



M. L. Bilby

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