



Southeastern Division of CAPA



## Author's Page ~ Jill Whitney

Jill is a licensed marriage and family therapist who works with individuals and couples to improve communication and relationships. She's passionate about helping people feel more comfortable talking with their partners and their children about sexuality.

In addition to writing a book on that topic and a blog on sexuality and relationships, she leads workshops for parents and young people about sexual communication and decision-making.

### Coming Soon

Her forthcoming book on talking with kids about sexuality. Based on her clinical work, workshops she's run with parents and teens, and a survey of 900 young adults, the book helps parents understand why it's so important to talk with kids about sex, clarify their own values about sexuality, and communication on a range of topics.



### Jill Whitney, LMFT

You can learn more about Jill and her work on her blog at

[www.KeepTheTalkGoing.com](http://www.KeepTheTalkGoing.com)

