



Southeastern Division of CAPA



## Author's Page ~ E. L. Theodore



E. L. Theodore and her company, Lil Cuckoo, have a mission, "To share the happiness and pure joy in life through a free flowing spirit of hope, love, laughter, and oh yes, just a little bit of cuckoo.."

"If your clock is wound too tight...let the cuckoo out!" This tendency for her to express joy and awesomeness of life with child-like simplicity has led to many things that are offered on her website, [www.lilcuckoo.com](http://www.lilcuckoo.com).

Part of those offerings are the books that began as a collection of lessons to 'let the Cuckoo out', followed by lessons for kids, and the sharing of her lessons has continued through her fourth book and her blog. Here is some information on the books.

### "Pure Joy, Lily's Life Lessons"

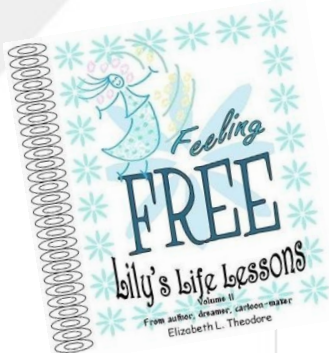
This book is where the dream began, the first book written by E. L. Theodore. Lily's Life Lessons show how ideas and dances with the innocence of possibility can play out through 21 ways.



### "Feeling Free"

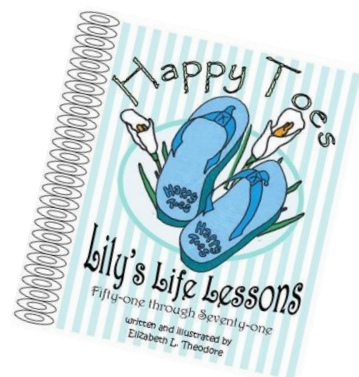
The dream continues. Here is the second book written by E. L. Theodore. Lily's Life Lessons 22 through 50.

Play more. Laugh harder. Be FREE.



### "Happy Toes"

Inside this book, we step into the world of Lily and find the crazy, cool way to make it a "Happy Toes" day.



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## "Lily's Lollipop Moments"



This book takes you on a journey with lollipops in your pockets, through hopes, dreams and your imagination, finding comfort, wonder and plenty of laughter along the way.

## "Let the Cuckoo Out!"

Let the Cuckoo Out is a collection of happy thoughts to read and celebrate over and over again.

Let the Cuckoo Out! Live Happily!

This book also includes a free bookmark and hand signed copy plus a personal note from the author.



The author—Positive Expressions, a Lighter View on Life with a Splash of Crazy.

E. L. "Liz" Theodore moved to CT over 20 years ago when she married her husband Glen. She immediately fell in love with the area.

She used to be quite shy. A few years ago, she began coming out of her shell when a sparkling spirit (she named "Lily") came to her and danced above her head. It was like a breath of fresh air, a radiant light, a flow that traveled right into her heart. This flow energized her soul, her thoughts, and everything around her, and she kept saying "I'm a Lily."

She started with a greeting card, then began Lily's Life Lessons, and just kept writing. For every verse, she draws an illustration.

Her online store is [www.lilcuckoo.com](http://www.lilcuckoo.com)  
She also has another site [lilywishfactory.com](http://lilywishfactory.com)  
Her newsletter is called the "Lily Connection", and now she has a [blog](#).

